

# Everything is homemade and glutenfree !

Our Galettes Bretonnes are Soft and tasty...

100% organic and buckwheat flour

**GALETTES to choose included in MENU BRETON 14,90 €**

**SOUP OR DESSERT + GALETTE**

<b>La Complète :</b>	Emmental cheese, egg, ham*	10,70 €
<b>L'Océane :</b>	Emmental cheese, tuna*, leek	10,70 €
<b>La Forestière :</b>	Emmental cheese, egg, mushrooms	10,70 €
<b>La Potimarron :</b>	Emmental cheese, egg, pumpkin	10,70 €
<b>La Steph :</b>	Egg, spinach, mushrooms	10,70 €

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## A LA CARTE

L'Emmental	cheese	7,70 €
Le comté	cheese	8,70 €
La Classique :	Emmental cheese, egg	8,70 €
La Parisienne :	Emmental cheese, ham*	9,70 €
La Scamorza :	Smoked mozzarella, egg, mushrooms	11,70€
La Paysanne :	Emmental cheese, egg, oignon, bacon*	11,70 €
La Florentine :	Spinach, egg, goatcheese	11,70 €
La Roquefort:	Spinach, egg, bluecheese	11,70 €
La Comtesse :	Comté cheese, egg, ham*	11,70 €
La Fromagère :	3 cheeses Emmental, bluecheese, comté	11,70€
La Nordique :	Emmental cheese, smoked salmon, egg	12,70 €
La Savoyarde :	Comte, potatoes, raw ham *	12,70 €

**Add a little bit of green salade for 1€**

You can customize

**supplement 1 euro :** egg, spinach, potatoe, tomatoe, green pepper, olives, pumpkin

**supplément 2 euros :** ham\*, bacon\*, comté cheese, bluecheese, mozzarella, mushrooms

**supplement 3 euros :** smoked salmon, raw ham\*, goat cheese

## PASTA gluten free

**La Vegetarian :** Penne, vegetables, egg 12,70 €

**La Carbonara :** Penne, emmental cheese, egg, oignon\*, bacon\* 13,70 €

**La Nordica :** Penne, emmental cheese, smoked salmon 14,70 €

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## ORGANIC SOUP

**big : 7,70 €      small : 5,70 €**

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**QUICHE gluten free 8,70 €**

**Menu Classic 13,90€ :** quiche + soup or dessert

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**PIZZA gluten free 13,70 €**

**Menu Pizza 18,90€ :** Pizza sans gluten+ soup ou dessert

Choose between      Tomatoe sauce or pumpkin sauce

**ADD 2 ingredients to choose**

mozzarella or emmental or bacon\* or ham\* or egg or tuna\* or mushrooms or greenpepper or olives or potatoes or spinach

**supplement 1 euro :** egg, spinach, potatoe, tomatoe, green pepper, olives, pumpking

**supplément 2 euros :** ham\*, bacon\*, comté cheese, bluecheese, mozzarella, mushrooms

**supplement 3 euros :** smoked salmon, raw ham\*, goat cheese

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**Sandwich gluten free Only to take away 6,70 €**

Ham\*, emmental cheese, green salade Or omelette emmental, green salade

**Menu Sandwich 11,90 € :** sandwich + soup or dessert

EVERYTHING is organic except \* EVERYTHING is gluten free !!!

All Prices : taxes and service included

# DRINKS

Stock up on vitamins with our Juices

100% fruits et 100% organic, glass of 20cl **4,70 €**

**PURE APPLE** : apple

**BONNE MINE** : Apple carotte

**FORME** : Apple carotte ginger

**VITAMINE** : Orange apple carotte

**BRAIN BOOSTER** : Orange apple beet

**CRUCIFER** : Apple red cabbage

**DIGESTION** : Apple carotte fennel

**TONIC** : Apple ginger lemon

**MAGIC** : Apple orange pumpkin

our organics Teas from jardin de Gaia **3,90 €**

**WHITE TEA**

AVEC LES ANGES vanille rose

**BLACK TEAS**

BHERJAN Assam

OOTHU India

BABOUCHKA russe

TONIC TONIGHT gingembre guarana ginseng bergamoite

MASALA TCHAI indians spices

LOVE SUPREME spices and flowers

GRAND LAPSANG smoked

**GREEN TEAS**

SENCHA

PARFUM DE MEDINA nana mint

JOLIE MAMAN strawberry lotus litchi

EARL GREY BERGAMOTE

LEZ ARTHE gingembre peche guarana

JASMIN

DARJEELING gunpowder

**HERBAL TEAS**

ROIBOOS HONEYMOON IN AFRICA honey hazelnut cocoa guarana

OBJECTIF MINCEUR

MATE epices digestives

MINERALE WATER* 50 cl	2 €
SPARKLING WATER* 33 cl	2,50 €
COKE * 33 cl	3 €

**ORGANIC CIDER** 18 cl **4,50 €** bottle 75 cl **13,50 €**

Try our organic beer

**Regular beer** 33 cl **5,50 €**

**Glutenfree beer** 33cl **5,50 €**

Organic Wines

**glass of white wine** 12cl **5,50€** bottle 75cl **18€**

**glass of red wine** 12 cl **6,50€** bottle 75cl **22€**

Our organic hot drinks

EXPRESSO	1,50 €
CREAM EXPRESSO COFFEE	1,80 €
AMERICAN COFFEE	2,50 €
CREAM AMERICAN COFFEE	2,80 €
CAFE GOURMAND (expresso + 2 macarons)	4,50 €
REAL HOT CHOCOLATE	5,70 €

Treat yourself with our **PASTRIES du jour GLUTEN FREE** **5,70 €**

or with **our guten free crêpes** **5,70 €**

Sugar crepe lactose free  
Sugar lemon crepe lactose free  
Honey crepe lactose free  
Black chocolat crepe lactose free  
Homemade jam crepe lactose free  
Chesnut cream \* crepe lactose free  
Marple sirop crepe  
Milk chocolate crepe  
Homemade caramel ginger crepe  
Homemade caramel crepe